



## **Warrington Gold Coast Change4Life KS2 Festival**

### **Change4Life KS2 Festival Information**

Change4 Life Festivals have been specifically created for young children at primary schools who have not been exposed to inter school competition

Teams will be made up of 10 pupils from KS2

- Each team will rotate round skill stations
- All equipment will be provided

### **Skill Stations**

Teams work their way around the activity stations .

### **Festival programme**

Festival time is two hour

Introduction: 10 minutes

Activities: Each activity runs for five minutes, one minute change over. Two minutes familiarisation with new activity.

Festivals stations and timings may be adapted due to reduced / increased number of teams.

