module 4 Planning Champions

Aims:

This module aims to provide an opportunity for Change4Life Champions to develop a vision and plan for their future role.

Module outcomes:

In this session Change4Life Champions will be able to:

- Summarise their learning and new areas of knowledge
- Share/review the vision for the Change4Life Champions in their school
- Pledge key actions for their role in school in the next month/half term.

Resources required for delivery of suggested activities:

- Flip chart and pens
- Paper and pens
- Pre-written flip sheet with vision examples
- Vision Statement Handout
- Action Planner Handout.

Introduction

- Summarise their learning and new areas of knowledge

activity 1

Introduce the aim of the session and explain how it will help the Change4Life Champions to agree a vision for their role and plan their next steps.

1. In pairs discuss and share what they have learned during the training and/or in their role to date.

- **Share/review the vision for the Change4Life Champions in their school**

A vision statement is a short and inspiring phrase of what they intend to become and achieve at some point in the future. It is something that captures the overall goal but does not explain how they are going to achieve those goals.

Examples to share could include:

> To be the number one athletic company in the world.

Nike

> To put joy in kids hearts and a smile on parents faces.

Toys'r'Us

> We create happiness by providing the finest in entertainment for all people of all ages, everywhere.

Disney

> Affordable solutions for everyday living.

Ikea

1. Introduce the importance of having an overall vision for what the Change4Life Champions want to achieve in their school.
2. Ask the Champions in their team to discuss, agree and make a note of their vision on the Vision Statement Handout. It is easier if they start with 'The Change4Life Champions at (insert name of school) will ....' and ask them to complete their vision.

TOP TIP Make it a short and inspiring phrase of what they intend to become and achieve at some point in the future. It is something that captures your overall goal but does not explain how you are going to achieve those goals.

3. Ask The Champions to share their vision with the rest of the other groups.

SUMMARY
Revisit the session outcomes and recap on learning.

- **Pledge key actions for their role in school in the next month**

1. Ask each team of champions to agree on 2 or 3 key actions that they will plan and deliver in the next month/half term.
2. Ask the groups to agree:
   - What
   - Where
   - When
   - Who
3. Use the Action Planner Sheet to record plans.

notes

change4life champions

Champions' Vision Statement

Change4Life Champions at

Our vision