

Cheshire & Warrington School Games

Quicksticks hockey

KEY INFORMATION	
Age category	Years 5 & 6 - u11s
Squad size	Maximum of 6 minimum 4
Gender	Minimum of 2 boys and 2 girls per squad.
Eligibility	Only pupils receiving full-time education in accordance with the Education Acts, who are on the school roll, and who are over the age of 10 years at midnight between the previous 31 st August and 1 st September and within the relevant age bracket (u11–years 5&6) shall be allowed to take part in these competitions.
Basic Rules/ Health & Safety	<ul style="list-style-type: none"> • Each school must have a minimum of 4 players, of which 4 are on the pitch at any one time. • 2 boys and 2 girls on the pitch at any one time • Each school must provide their own hockey sticks and a set of bibs (different colour to their kit) • Please refer to the England hockey quicksticks rules booklet • All players must wear shin pads under long socks • All players must wear a gumshield <p>Health and safety Before participating in the competition, please ensure the competitors adhere to the following: Long hair tied back No jewellery or adornments to be worn No chewing gum allowed All competitors must warm up appropriately before each match A First aider will be on site, but schools are responsible for their own pupils in the first instance for minor injuries. Please ensure pupils bring any medical supplies with them e.g. asthma inhalers</p>
Format	<ul style="list-style-type: none"> • The competition format will be all teams competing against each other. Gold, Silver and Bronze will be decided by (i) goal difference (ii) most goals scored (iii) least goals scored (iv) winner of the match
RESPECT:	<ul style="list-style-type: none"> • Please RESPECT the umpire’s decision. Remember the School Games is for young people run by young people. • Show respect to others involved in the competition including competition officials, opposition teams, coaches, managers and spectators • Adhere to the Laws of the game • Display and promote high standards of behaviour • Enjoy the competition



COMPETITION DELIVERY DETAILS	
Name	Rosie Harris
Role	Event organiser
Organisation	Embrace PE Ltd

