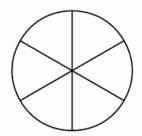
6 A BAY ME CHART

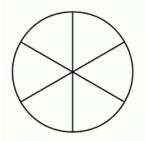
change

Eat well Move more Live longer

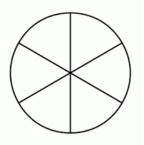
MONDAY



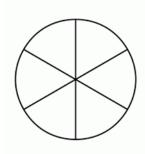
TUESDAY



WEDNESDAY

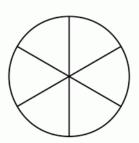


THURSDAY

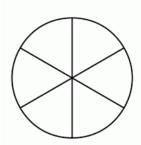


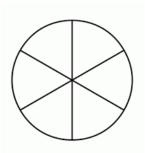


FRIDAY



SATURDAY





SUNDAY











